



The Sisters Global  
NEWSLETTER  
2022 AUGUST  
EDITION

## HELLO AUGUST

AUGUST is the last month of summer in the northern half of the world. It is named after the first Roman emperor, Augustus Caesar. August brings the best bounty of the season—ripened tomatoes, ripe melon, sweet corn on the cob, and zucchini are just a few of our favorites.



## BOOK CLUB

The Sisters Global Book Club is a fun way to share your love of books and make new friends. This month we feature our favorite book to read and discuss this month. Share opinions or explore deeper meanings found within the text on Discord.

FINISH READING ON PG. 4



## MONTHLY CALLS CORACLE

OUR CALL this month is scheduled for **AUGUST 1st**. In August, the call is focused reflection and plans for the second half of the year. We share resources and encouragement about this topic on our website and social media platforms.



## WELCOME

THANK YOU for reading the Sisters Newsletter, where we present ideas that our Sisters hold near and dear in heart and mind. Let's remember to reach out and celebrate family and friends this season. We're so thankful for all the support and positive feedback we've received from our Sisters!

Be sure to stay connected with us on all the activities of the Global Sister Coracles on Discord, and social media channels, and SPREAD THE LOVE!







# THE SISTERS

## ANNUAL RETREAT

**2022 13<sup>th</sup>-17<sup>th</sup> OCTOBER**

**RETREAT CENTRE, TUSCANY, ITALY**

*HOSTED BY ROZ SAVAGE*

**IN OCTOBER**, the Sisters Global members are heading to the Retreat Centre in Tuscany, Italy so start planning and get updated information from [the Sister Retreat website](#).

**Registration ended May 31<sup>st</sup>.**



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# GLOBAL

## SISTER SPOTLIGHT

### EMPOWERED WOMEN

#### Sonita Alizadeh

*Rapper, and women's rights activist*

**IN AUGUST**, we feature 19-year Sonita Alizadeh is an Afghan rapper and activist who has been vocal against forced marriages. Alizadeh grew up in Herat, Afghanistan, under the rule of the Taliban. Her family first considered selling her as a bride for £6,000 when she was 16. Instead, her family fled to Iran to escape the Taliban. In Iran, Alizadeh worked by cleaning bathrooms, while she taught herself to read and write. Inspired by Iranian rapper Yas and American rapper Eminem's music, she started writing her own songs. In 2014, Alizadeh entered a U.S. competition to write a song to get Afghan people to vote in their elections. She won a \$1,000 prize, which Alizadeh sent to her mother, who had moved back to Afghanistan

Alizadeh first gained attention when she released 'Brides for Sale,' in 2014 [it's been viewed over 750,000 times] in which she raps about daughters being sold into marriage by their families. Since moving to the US, she's since performed at the Women in the World festival, has been the focus of an award-winning documentary Sonita, and one daydreams of becoming a lawyer. [Read more...](#)



# QUOTE OF THE MONTH

"To the wrongs that need assistance, To the right that needs assistance, To the future in the distance, Give yourselves." — Carrie Chapman Catt



## BOOK CLUB ALCINDA HONWANA

### Women and the War on Boko Haram: Wives, Weapons, Witnesses (African Arguments)

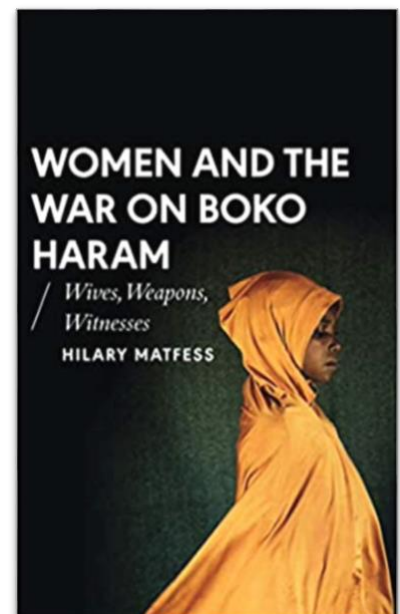


In *Women and the War on Boko Haram*, Honwana explores over a decade of Boko Haram campaign of terror across northeastern Nigeria. In 2014, the kidnapping of 276 girls in Chibok shocked the world, giving rise to the #BringBackOurGirls movement. Yet Boko Haram's campaign of violence against

women and girls goes far beyond the Chibok abductions. From its inception, the group has systematically exploited women to advance its aims. Perhaps more disturbing still, some Nigerian women have chosen to become active supporters of the group, even sacrificing their lives as suicide bombers. These events cannot be understood without first acknowledging the long-running marginalization of women in Nigerian society. Boko Haram's impact on the lives of Nigerian women, as well as the wider social and political context that fuels the group's violence. [Available on Amazon](#)

### ABOUT THE AUTHOR

Alcindor Honwana is visiting professor of anthropology and international development at the Open University (UK). She was chair in international development at the Open University and taught anthropology at the University Eduardo Mondlane in Maputo, University of Cape Town and the New School in New York. She was also programme director at the Social Science Research Council in New York.





# CELEBRATIONS AROUND THE WORLD

## LAMMAS DAY

August 1, 2022 – World-Wide



Festival to mark the annual wheat and corn harvest. Lammas also marked the mid-point between the summer solstice and autumn equinox and was a cross-quarter day. [Learn more...](#)

## CATS NIGHTS,

August 17, 2022, Ireland, UK



Cat Nights harkens back to a rather obscure Irish legend concerning witches; this bit of folklore also led to the idea that a cat has nine lives.

## INTERNATIONAL BAT NIGHT

August 29, 2022 - World-Wide



## DOG DAYS OF SUMMER

August 11, 2022 – World-Wide



The term "Dog Days" traditionally refers to a period of particularly hot and humid weather occurring during the summer months of July and August in the Northern Hemisphere. [Learn more.](#)

## WOMEN'S EQUALITY DAY

August 26, 2022 – United States of America



Known as [Woman Suffrage Day](#), this day marks the ratification of the 19th Amendment to the U.S. Constitution (1920), granting women the right to vote.

## NELSON MANDELA INTERNATIONAL DAY

August 18, 2022 – United Nations



# THE SISTERS' CORACLES



## CONNECTING ON SOCIAL MEDIA

- [Monday Monthly Call Coracle](#)
- [Spotlight Coracle](#)
- [Retreat Coracle](#)
  - [Discord Retreat Recording](#)  
(For Current Sister Members)
  - [YouTube Retreat Recording](#)  
(For Founding Sisters who are not current Members)
- [Sisters Mind Sessions Coracle](#)
- [Sister' Projects Coracle](#)
- [Seeds Coracle](#)
- [SEEDS Currency](#)
- [Newsletter Coracle](#)
- [Facebook](#)
- [LinkedIn: \(JOIN & LIKE US\)](#)

## THE SISTERMIND SESSIONS CORACLE

Gather for reflection, conversation, & encouragement



## THE SISTERS' PROJECTS CORACLE

Highlight our Project Spotlight



## THE RETREAT CORACLE

A time to connect and to revive our Sisterhood

