



The Sisters Global
NEWSLETTER
2022 APRIL EDITION



WELCOME

THANK YOU for reading the Sisters Newsletter, where we present ideas that our Sisters hold near and dear in heart and mind. Let's remember to reach out and celebrate family and friends this season.

We're so thankful for all the support and positive feedback we've received from our Sisters!

Be sure to stay connected with us on all the activities of the Global Sister Coracles on Discord, and social media channels, and SPREAD THE LOVE!

HELLO APRIL

The spiritual meaning of April is intrinsically linked to its symbols. The birthstone of the fourth month of the year is the most precious of all: the diamond. It "amplifies" thoughts and forces you to be in control of your actions. Month of celebration of the goddess Venus, you risk losing your head in love during this period.



MONTHLY CALLS CORACLE

OUR CALLS are the first Monday of each month. In March, the call is focused on helping women with women's health and wellness issues. We share resources and encouragement about this topic on our website and social media platforms.



BOOK CLUB

The Sisters Global Book Club is a fun way to share your love of books and make new friends.

This month we feature our favorite book to read and discuss this month. Share opinions or explore deeper meanings found within the text on Discord.

FINISH READING ON PG. 3





GLOBAL

SISTER SPOTLIGHT

EMPOWERED WOMEN

Gro Harlem Brundtland

Former Prime Minister of Norway & Director-General of WHO

IN APRIL, Gro Brundtland (Norwegian pronunciation: ['gru: 'hɑ:lɛm 'brʉntlan:]; born Gro Harlem, 20 April 1939) is a Norwegian politician, who served three terms as the 29th prime minister of Norway (1981, 1986–89, and 1990–96) and as the director-general of the World Health Organization from 1998 to 2003. She is also known for having chaired the Brundtland Commission which presented the Brundtland Report on sustainable development. Educated as a physician, she became the first female Prime Minister of Norway serving three term between 1981-1996. She later became an international leader in sustainable development and public health, and served as Director-General of the World Health Organization and as UN Special Envoy on Climate Change from 2007 to 2010. Brundtland received the 1994 Charlemagne Prize, and has received many other awards and recognitions. She also successfully negotiated an agreement on tobacco control, increased access to life-saving drugs, worked towards polio eradication and promoted awareness of the link between poverty and disease Learn more about Brundtland: <https://theelders.org/profile/gro-harlem-brundtland>



QUOTE OF THE MONTH

"There is a special place
in hell for women who do
not help other women."
— Madeline Albright



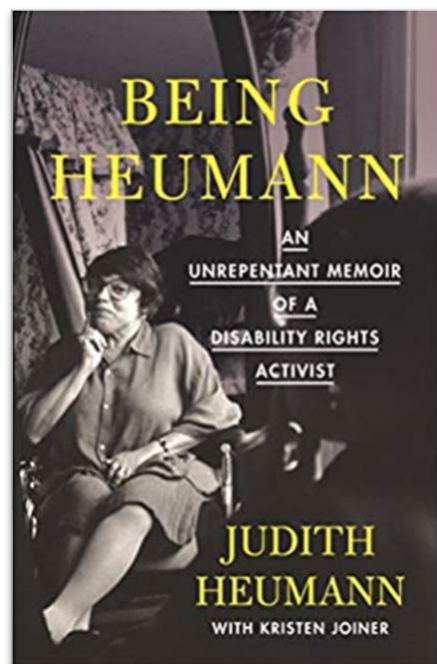
BOOK CLUB JUDITH HEUMANN

BEING HEUMANN: An Unrepentant Memoir of a Disability Rights Activist: This book is groundbreaking on many levels. It is a touching memoir of a woman paralyzed at a time when there were no supports in place in our society to insure equal rights for disabled.

A story of fighting to belong in a world that wasn't built for all of us and of one woman's activism—from the streets of Brooklyn and San Francisco to inside the halls of Washington—Being Heumann recounts Judy Heumann's lifelong battle to achieve respect, acceptance, and inclusion in society. Paralyzed from polio at eighteen months, Judy's struggle for equality began early in life. From fighting to attend grade school after being described as a "fire hazard" to later winning a lawsuit against the New York City school system, Judy's actions set a precedent that fundamentally improved rights for disabled people. **Available on Amazon:** <https://www.amazon.com/Being-Heumann-Unrepentant-Disability-Activist/dp/0807019291>

ABOUT THE AUTHOR

One of the most influential disability rights activist in US history tells her personal story of fighting for the right to receive an education, have a job, and just be human.



CELEBRATIONS AROUND THE WORLD

GATHERING OF NATIONS POW WOW

April 28-30, 2022 – Albuquerque, New Mexico, USA

In the past 39 years the Gathering of Nations is one of the world's most recognized annual festivals where Native people can come together each year to celebrate and share culture. This is the way of powwow life and teachings, handed down to each generation. [Read more..](#)



SONGKRAN WATER FESTIVAL, THAILAND

April 13, 2022 – The Songkran Thailand Festival

Songkran, the Thai water festival is about cleaning, purification, and having a fresh start. In preparation for the holiday, houses are cleaned and Buddha statues are carried through the streets in a procession to be washed with flower-scented water. Elders are also honored by respectfully pouring water over their hands. [Read more..](#)



PARRTJIMA-A FESTIVAL IN LIGHT, AUSTRALIA

April 8-17, 2022, Alice Springs Desert Park, Australia

Parrtjima is the only authentic Aboriginal light festival held on Mparntwe (Alice Springs), showcasing the oldest continuous culture on earth – all on the 300-million-year-old natural canvas of the MacDonnell Ranges in Central Australia. [Read more..](#)



RIO CARNIVAL, BRAZIL

April 21, 2022 – The Carnaval do Rio de Janeiro

The Carnival in Rio de Janeiro is a festival held every year before Lent; it is considered the biggest carnival in the world, with two million people per day on the streets filled with revelers, floats, and adornments from numerous samba schools which are located in Rio. [Read more..](#)



THE SISTERS' CORACLES



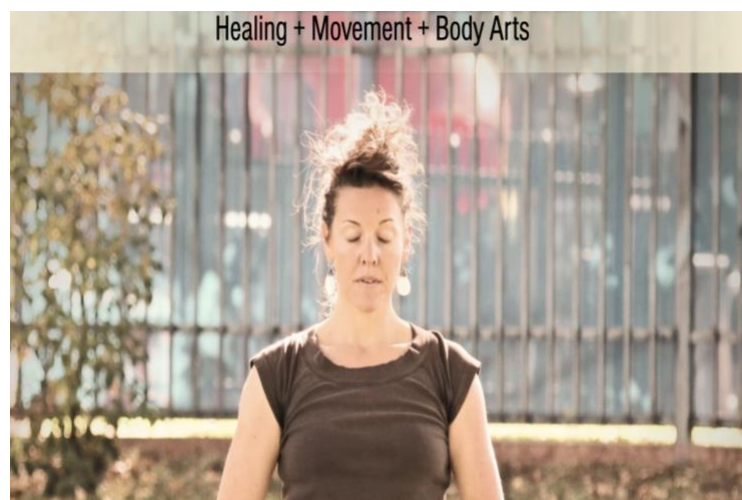
THE RETREAT CORACLE

Refresh your soul, spirit and mind



THE SISTER MIND SESSIONS CORACLE

Share your wisdom, lessons learned, memories and stories.



CONNECTING ON SOCIAL MEDIA



[Monday Monthly Call Coracle](#)

[Spotlight Coracle](#)

[Retreat Coracle](#)

- [Discord Retreat Recording](#) (for Current Sister Members)
- [Youtube Retreat Recording](#) (for Founding Sisters who are not current Members)

[Sisters Mind Sessions Coracle](#)

[Sister' Projects Coracle](#)

[Seeds Coracle](#)

[SEEDS Currency](#)

[Newsletter Coracle](#)

- [Facebook](#)
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THE SISTERS' PROJECTS CORACLE

Refresh your soul, spirit and mind

